

Positive ACR - Quality Improvement Ideas

Focus area

Positive ACR

Identifying patients who require ACEi or ARB based on a positive ACR.

Why improve this data set?

1.5 million Australians are unaware they have a renal disease. Diabetes is one of the most common causes.

Urine ACR tests are recommended annually to detect the presence of protein.

When the test returns positive, treatment and escalation are required.

Quality improvement ideas

Steps:

- Champion protected time for PenS search using appropriate recipe to find those who have positive ACR and diabetes
- Invite patients in for review and commencement of treatment, consider eGFR if not attended
- Commence ACEi and ARB with regular monitoring and patient education
- Consider Allied Health referrals.
- Escalation refer to Renal Physician / Endocrinologist as required
- Set up continuing recall system, agreed with team to identify new patients with increased ACR.

Advice and treatment options

Practice Resources:

- [Pen CS](#)
- [TopBar](#)
- Clinical Software
- [Health Pathways Hunter New England](#)
- [Health Pathways Central Coast](#)
- [RACGP Guidelines](#)
- Agreed process, workflow on common area wall
- [SeNT referral](#)
- [My Health Record](#)

Patient Resources

- [Patient Info Hunter New England](#)
- [Patient Info Central Coast](#)
- [Diabetes Australia - Looking after your kidneys](#)
- [Diabetes NSW](#)
- [Kidney Health Australia](#)