

Dementia support

Alzheimer's Australia – National Dementia Helpline

- Information about dementia and memory loss
- Information about government support services and local services
- Emotional support
- Phone, online chat or email support
- Phone **1800 100 500** (Monday to Friday, 9.00am to 5.00pm) | Visit dementia.org.au

Alzheimer's Australia - Hunter Dementia and Memory Resource Centre

- Location: 2 Percy Street Hamilton, NSW 2303
- Phone **4962 7000**

Alzheimer's Australia – Living with Dementia Program

- Information and support program for patients with early stage dementia and family carers
- Phone **1800 100 500** (Monday to Friday, 9.00am to 5.00pm)

Newcastle and Lake Macquarie Dementia Advisory Service

- Carer support groups
- Carer counselling
- Living with Dementia Education programs for people with Dementia and their carers
- Phone **4924 6146**

Dementia assessment and support services

Community Dementia Program

- Assessment and care planning
- Assistance and support
- Referral to local services
- Phone **4924 2590**

Dementia behaviour management support services

Dementia Behaviour Management Advisory Service (DBMAS)

- A service for people with dementia and their carers where behaviour impacts on care and quality of life
- Helpline (24 hours, 7 days a week)
- Phone **1800 699 700**
- The service can also provide assessment, care planning and case management

Community Older People Mental Health Program

- Management of severe behaviour symptoms or psychological symptoms associated with dementia
- Talk to your GP about a referral
- **Mental Health Access Line: phone 1800 011 511**

Carer support

Carer Gateway

- National online and phone service providing practical information and resources to support carers
- Phone **1800 422 737** (Monday to Friday, 8am to 6pm) | Visit carergateway.gov.au
- The website is available in a number of languages: carergateway.gov.au